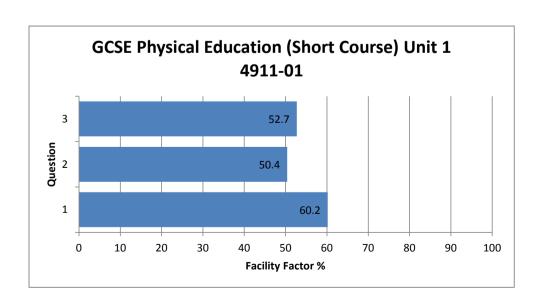


WJEC 2014 Online Exam Review

GCSE Physical Education (Short Course) Unit 1 4911-01

All Candidates' performance across questions

?	?	?	?	?	?	?
Question Title	N	Mean	SD	Max Mark	F F	Attempt %
1	477	10.8	3.8	18	60.2	100
2	477	7.1	3.1	14	50.4	100
3	477	9.5	3.8	18	52.7	100



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Discuss the factors which have influenced your participation in sport/physical activity Many factors have affected my purhcipition in sport. Friend, jamily, and age have been he briggest factors. When I wanted to join a knyo club in the kens lessure cente, but it only for the years plus and ony other kanyo clubs in my area. Fried Friends affected my publicipation of sport school as in year 7 one of my friend started hochey club, one day followed along and know I have never stopped playing. I belie that school has been one of the brygest factor that affected my perhapetim as it afford loads of different clubs through a institute eq and Sx60 - Family also affects my participation in sport sport, so I jound para ger lills to clubs the bear lessine center and my Jamily Jound it hard to find for hit and equipment that I needed to perhiciple.

Discuss the factors which have influenced your participation in sport/physical activity Many factors have affected my publiphian in sport. Friend, jamily, and age have been he briggest factors. When I wanted to join a kango club in the being lessure center, but it only for the years plus and ony other kanyo clubs in my area. Fried Friends affected my publicipation of sport school as in year 7 one of my friend started howley dub, one day followed along and know I have never stopped playing. I belie that school has been one of the brygest factor that affected my perhapetim as it afford loads of different clubs through a inclines eq and Sx60 - Furnity also affects my policipation in sport in sport, so I found pand get lills to clubs he has lisere center and my Jamily Jound it had to find for hit and equipment that I needed to purhiciple.

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(d) Discuss the factors which have influenced your participation in sport/physical acti	vity [6]
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professional and helps with a safer environent.	aritie.
Also good coaches have influenced me because	
they can motivate you to do well and to	
be more committed. The weather has influence	d
me aswell because here in Britain we don't	
have any snow so I can't go string unlike	
people # in the Artic they cannot go and play	
rugby because there is no snow.	
However money has inthenced my	
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too expensive so I can't afford to attend	
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Examiner Discuss the factors which have influenced your participation in sport/physical activity The factors that influenced me in sport one the better facilities, it makes the experience more professional and helps with a safer environent. Also good coaches have influenced me because they can motivate you to do well and to be more committed. The weather has influenced me aswell because here in Britain we don't have any snow so I can't go string unlike people # in the Artic they cannot go and play rugby because there is no snow However money has influenced my participation in a bad way Most clubs are just too expensive so I can't afford to attend them. Tradition has stopped me playing some sports like windows because where I live it is traditional to play rugby and my family has brought me up to play it.

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(d) Discuss the factors which have influenced your participation in sport/physical activit [I
I have been influenced by many different pactors for my
participation in sport. I have been intrinsically motivated by
the want to improve and better myself, physically,
mentally and socially and get healthier. I also participate
because I enjoy sport and love to continue doing it. I
also do sport because I want to be the best that I
can be
However I have also been extrinsically motivated also
to do sport because of family, friends, teachers praise
to me. This allows me to know that I amobing great
I have also been notivated by the sense of trophies,
winning and fame, this makes me want to do more and
earn muself a better life. I also participate in sport
because any friends of it, this encourages me to impress
them and make them object my name. Finally I
participate in sport because my friends do it as well.
To conclude many factors have influenced me in
my participation in sport and will continue influencing
me throughout my life.

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participate in sport because my friends do it as well. To conclude many factors have influenced me in my participation in sport and will continue influences.	earn myself a better life. I also participate in sport
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To conclude many factors have influenced me in my participation in sport and will continue influenceng	them and make them theer my name. Finally I
my participation in sport and will continue influencing	participate in sport because my friends do it as well.
27 380 34 37 27	To conclude many factors have influenced me in
me throughout my life.	my participation in sport and will continue influencing
	me throughout my life.

(e) Discuss the risks associated with a sedentary lifestyle.	[6]

END OF PAPER

18



(e) Discuss the risks associated with a sedentary lifestyle. [6]	Exam
Il you have a sedertary lifestile you	
mon't be able to to keep up with the	
demands that your environment places on	
the body libe carrying shopping or run	
Hunring for a hus Olso you are Whaty	
to become obese and you could even	
get diabetes or artain concers which could	
result in death. B	
Or well as this you may become atreased	
or depressed or ever arkins in your	
life and by not doing everise you	
mon't be able to reduce that beging which	
could put strain or your health.	
Obso, you may to not be able to next new	
people or feel like you belong to construng.	
By exerciang you will have a happier	
life because it you look good then you	
f will feel good about yourself which	
will allow you to goin confidence.	
	18



(e) Discuss the risks associated with a sedentary lifestyle.	Examiner only
The you have a sedentary lifetife you	
mon't be able to & keep up with the	
demands that your environment places or	
the body like carrying shapping or rarre	.a.
running for a hus. Olso, you are likely	
pat diabetes or artain concers which coul	
result in death. B	
Or well as this, you may betome atreased	#
or depressed or ever arkious in your	
life and by not doing everise you	
mon't be all to reduce that beling which	VA .
could put strain on your health.	
Obso you may to not be able to next new	**
people or feel like you belong to correttung.	199
By exercious you will have a happier	w)
life because it you look good then you	
I will feel good about yourself which	And
will allow you to goin confidence.	***
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	18



Examiner only Discuss the risks associated with a sedentary lifestyle. (e) [6] 18



Examiner only Discuss the risks associated with a sedentary lifestyle. (e) [6] \bigcirc 18





(e) Discuss the risks associated with a sedentary lifestyle.	[6]
The ristrs associated with a sedentary	
ilestyle is that the individual because	-MCS
ery curfit and passibly not a	able
a complete everyday tasks like go going,	down
he skulls sedentary people are not fit for	
net environent	
There are some health risks as we	eU.
the arteries might they will put a	٥
weight if they are eating more calcries H	- 1
hey are burning of of Their extens in	
clog up with chloresherd and this coun	
rave major consequences like a heart	
ittack if your colenery ateri	62
are blocked.	***************************************
Move and more people are bei	noj
belled as obese with a lot of excess i	V
e corry crround.	
21 3	*************
Also a sedentary person may not	
use his joints at it full range of molti	CM
THEN ELONDY TO THEN MY DECEMBE 2LITT	
and not very flexible.	hancelance lancer
	P-44911111111111111111111111111111111111

Turn over.

18

(e) Discuss the risks associated with a sedentary lifestyle. [6	Examiner only
The risks associated with a sedentary	
lifestyle is that the indivisual becomes	
very curfit and many possibly not able	
to complete everyday tosks like go going dow	A.
the statis sedentary people are not jit for	
their environem	
There are some health risks a well,	
peop their arteries might they will put an	
weight if they are eating more calories than	
they are burning of Their extenses might	
cloq up with chloresteral and this coun	
have major consequences like a heart	
attack state if your colonery ateries	
are blocked.	
More and more people are being	
labelled as obese with a lot of excess weigh	H
he corry crowned.	
01	*
Also a sedentary person may not	*
use his joints at it full range of motion	11 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1
ghen enough , so they will become stiff	
and not very flexible.	
	es.
	18

